

2012 Midwest Meet of Champions



Saturday June 9, 2012

12:00 Parade of Athletes, Coaches and Officials

12:25 National Anthem

Introductions of Field Events

12:30 Pole Vault – Women (Men to follow)

12:35 Shot Put – Men (Women to follow)

12:40 Discus – Women (Men to follow)

12:45 Long Jump – Men (Women to follow)

12:50 High Jump – Men (Women to follow)

1:00 3200 Meter Relay – Women

1:15 3200 Meter Relay – Men

1:30 100 Meter Hurdles – Women

1:35 110 Meter Hurdles – Men

1:40 100 Meter Dash – Women

1:45 100 Meter Dash – Men

1:50 800 Meter Relay – Women

1:55 800 Meter Relay – Men

2:10 1600 Meter Run – Women

2:20 1600 Meter Run – Men

2:30 400 Meter Relay – Women

2:35 400 Meter Relay – Men

2:40 400 Meter Dash – Women

2:45 400 Meter Dash – Men

2:55 300 Meter Low Hurdles – Women

3:00 300 Meter Int. Hurdles – Men

3:10 800 Meter Run – Women

3:15 800 Meter Run – Men

3:20 200 Meter Dash – Women

3:25 200 Meter Dash – Men

3:35 3200 Meter Run – Women

3:55 3200 Meter Run – Men

4:10 1600 Meter Relay – Women

4:15 1600 Meter Relay – Men

4:30 Awards – Star of Stars Running/Star of Stars Field

4:50 Team Trophies

This is a tentative time schedule – if possible we will run ahead of schedule